

# Phase Two - Cholesterol Management

To support practices, we have created several useful resources.  
These include: Clinical Searches, Treatment Guidance and Information for Patients.



## The Challenge

The estimated adult population across West Yorkshire and Harrogate with a 10-year CVD risk > 20% **not treated** with a statin is **90,000**.

If this project identified and treated 10%, **9,000** people would receive treatment and an estimated **225 to 400 CVD events** would be prevented over the next 5 years.



## The Ask

Phase two of the West Yorkshire and Harrogate Healthy Hearts project focuses on optimising cholesterol management in patients who are on a **low-intensity statin**, and **initiating treatment** in patients with a CVD risk >10% who are currently not on a statin (or those that have had the offer of a statin previously and may now benefit).



## How

1. Practice to review and implement **treatment guidance**.
2. Determine the best **approach** e.g. statin switches first
3. Review and run the **searches** which are on SystmOne and EMIS
4. Ensure all clinicians and administrative **staff** are clear on the work and process
5. Use the cholesterol system **template** which includes **patient letters**



## Useful Resources

- ↳ Lipid guidance supporting clinical information and treatment guidance: contains detailed information for GPs who are treating patients with CVD and risks of CVD.
- ↳ Lipid clinical system searches and treatment guidance: these clinical searches can help practices identify patients suitable for statin switches and initiation of a statin
- ↳ Lipid implementation resource: provides an overview of the project, as well as links to further supporting information, such as system templates linked to patient letters, FH and specialist lipid pathway
- ↳ More resources on our website



## Treatment Guidance

The local cholesterol treatment guidance has been created following local engagement, and a review of national and international treatment guidance. It has been approved by the West Yorkshire and Harrogate Joint Committee of CCGs. **Clinical Judgement can always still be used.**



Need Help? Can't find something or unsure what to do? Just Ask  
**WYHHealthyHearts@yhahsn.com | @WYHHealthyHeart**

